We need more selection of what we get on our cable. 150 chanels and nothing on. I would probably have no more than 10 channels. I believe the cable companies are not only charging us for a subscription but then they fill up the channels with paid advertising. I'll put up with commercials on the channels I watch but let me at least block out the garbage of the stuff I don't want. And how about regulating them for cost. I can't believe what they charge us is the cost of doing business. After all they almost have a monopoly on things along with the satellite companies.